

Spring/Summer 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Multigrain Cheerios Cereal, Yogurt	Cinnamon Raisin Bread, Applesauce	Banana Bread, Fresh Fruit	Granola Minis, Yogurt	Multigrain Cheerios Cereal, Fresh Fruit
Week Two	Organic Whole Grain Mini Ginger Snaps, Fresh Fruit	Granola Minis, Yogurt	Cinnamon Raisin Bread, Applesauce	Lemon Cranberry Loaf, Fresh Fruit	Wheat Crackers, Yogurt, Fresh Fruit

*All meals and snacks are 100% nut-free, shellfish-free and pork-free

Fall/Winter 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Wheat Crackers, Yogurt, Fresh Fruit	Granola Minis, Applesauce	Banana Bread, Fresh Fruit	Cinnamon Raisin Bread, Applesauce	Multigrain Cheerios, Yogurt
Week Two	Cinnamon Raisin Bread, Yogurt	Organic Whole Grain Mini Ginger Snaps, Applesauce	Cinnamon Raisin Bread, Yogurt	Multigrain Cheerios, Fresh Fruit	Fresh Fruit, Yogurt

*All meals and snacks are 100% nut-free, shellfish-free and pork-free

Our Menu Includes:



Simple, wholesome ingredients for growing bodies and minds.



Meals and snacks using municipal, provincial and national nutritional guidelines.



Food kids love to eat.